

#### SRI RAGHAVENDRA AYURVEDA MEDICAL COLLEGE & HOSPITAL

Malladihalli, Holalkere, Chitradurga, Karnataka - 577531



# **NATIONAL AYURVEDA DAY 2025**

## **Chief guest**

Dr Raviraj D B Deputy Chief Medical Officer, Government Ayurveda Medical and Teaching Hospital, Shivamogga



### **Program details**

Result announcement of
Digital Poster competition,
Rangoli Competition,
Quiz Competition&
Reels competition

Demonstration of Ayurveda formulations

24/09/2025, 10 am onwards

**Venue - College Auditorium** 



All are cordially invited





# Topic: Ayurveda for global health

General Guidelines

\*Theme: Participants must follow the announced theme.

\*Materials: Bring your own;

harmful/non-biodegradable items prohibited.

\*Time: Complete Rangoli within the allotted time.

\*Design: Original, creative, neat, and within the marked area.

\* Eligibility - UG/Faculties of SRAMC

\*Participation - 2 members per group

DATE - 24/09/2025, 8.30 am onwards VENUE - Anatomy Hall

**Celebrating Ayurveda day 2025** 

Principal
Principal
Sri Raghavendra Ay
Medical Colle



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Topic: Dinacharya, Rithucharya & Ahara

General Guidelines

\* Eligibility - UG/Interns of SRAMC

\* Team - 3 members per group

\* members of different batches are allowed in team

Date - 23/09/2025, 2pm onwards Venue - College Auditorium

# **Celebrating Ayurveda day 2025**











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# REELS COMPETITION

Topic: Ayurveda in My Daily Life/ Ayurveda in my kitchen/ Innovation in ayurveda

\* Duration: 30-90 seconds

\* Theme-based content only

\* Content must be original (no plagiarism)

\* Use appropriate language and music (no offensive/vulgar content)

\* Submission before the specified deadline is mandatory

\*The decision of the judges will be final

\* Eligibility - UG/Faculties of SRAMC

\*Participation - single/group

\*Reel format - 9:16

### Last date of submission - 23/09/2025, before 9 am

Send your entries to 6360058883 via WhatsApp in HD format

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# DIGITAL POSTER COMPETITION



# Topic : Your Future Ayurveda Hospital

General Guidelines

\* Content should include name of the hospital, structure, divisions, innovative ideas etc

\* Eligibility - UG/Faculties of SRAMC

\* Size - A3/A4

\* Format - JPG/JPEG

Participation - Single/group

\*Entry Limit - One submission per participant

\* Personal Info - Participant's name or identifying mark should not appear on the poster

Send your entries to samhitasiddhantasramc@gmail.com along with your name & year

Last date of submission - 23/09/2025, before 10 am

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